Sapporo & Chitose Guided Walking Tour, Featuring Sapporo Soft Stone from the Past to the Future



Registered in Hokkaido Heritage listings, Sapporo Soft Stone (welded tuff) has been a mainstay of local industries and daily life since Hokkaido's pioneer days. This tour features both outdoor activities and opportunities to learn all about Sapporo Soft Stone, including its formation and major roles in local life. Your intellectual curiosity will be stimulated and you'll leave with a full knowledge Hokkaido's history and culture.

## Highlights:

• Locally-based guided tour focusing on Sapporo Soft Stone, a designated Hokkaido Heritage component.

• Cultural exchange with locals who utilize the stone in their daily lives.

• Experience traditional Japanese culture by visiting at a local shrine and dressing up in authentic kimono.

• Enjoy Clear SUP (Stand Up Paddling) in the waters of Lake Shikotsu, famous in Japan for their high transparency and purity.

• Revitalize your spirit by soaking in an open-air bath at Marukoma Onsen, which shares its hot spring source with Lake Shikotsu.

Location:	City of Chitose, Hokkaido	
Main Activity:	Guide walk (snowshoes)	
Difficulty:	2	
Availability:	From late January to late March	
Tour Duration:	5 Nights 6 Days	
Pax:	Minimum 2	Maximum 10
Price per person:	JPY 450,000	

Route map Day-by-day Itinerary What's included We provide & What to bring About us Information and Requirements Reservation & Cancellation policy

## Route map <DAY 1~2>

< DAY 1>



## < DAY 2 >



## Route map <DAY 3~4>

< DAY 3 >



## Route map <DAY 5>

< DAY 5 >



#### < DAY 6 >



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# Day-by-day Itinerary

### Day 1 - Chitose and Lake Shikotsu Area

Sapporo Soft Stone is a welded tuff compressed over the eons, and originating from the same pyroclastic flows which in prehistoric times poured into the Sapporo area during volcanic eruptions and formed Lake Shikotsu. The tour starts from the stone's legendary birthplace, Lake Shikotsu.

Meet your guide at New Chitose Airport at 13:30, and transport to Chitose Shrine. Pray for the good luck and safety of your visit at the Chitose Shrine. Afterward, collect the spring water gushing from the shrine woods into your own bottle and taste the pureness. Then, proceed to a prime Lake Shikotsu viewpoint, where you'll be briefed on the positional relationship of the lake and surrounding mountains, and on volcanic activity – a major theme of the tour. Move on to Marukoma Hot Spring Resort, where you'll enjoy soaking in natural open-air baths highly regarded in Japan. Early check-in to rest from your flight. Relax and refresh at historic Marukoma hot springs on the lakeside.

#### Dinner Local Sockeye Salmon at hotel

Activity:	-	-
Difficulty:	,	1



### Day 2 – Fat Bike Ride, Clear SUP

Breakfast Japanese Set Meal featuring local produce



Fat Bike Ride 【Time】 2 hours 【Distance】 10km

Fat bike trial ride at Nanajo Otaki Falls in the morning. You may come across wild animals, including local deer, etc. Enjoy the beauty of nature created by volcanic eruptions 40,000 years ago.

Lunch at Lake Shikotsu Tsuruga Resort Spa MIZU NO UTA, which serves set meals prepared with local produce and ingredients.

#### Clear SUP [Time] 2 hours

The afternoon activity begins with Clear SUP (Stand up Paddling) on Lake Shikotsu, with its uniquely clear underwater views. Admire the superb view of Shikotsu's three mountains (including Mount Eniwa) reflected on the pure water surface. Feel the wild nature of the caldera lake created by eruptions 40,000 years ago, while enjoying full lake views by standing, lying down or sitting on your boat.

Dinner Local Sockeye Salmon at hotel

Activity:	Fat Bike Ride, Clear SUP
Difficulty:	2





#### Day 3 – Hiking Koke no Kairou, a mossy canyon (Stroll on Snowshoes)

Breakfast Japanese Set Meal featuring local produce

Hiking Koke no Kairou, a mossy canyon (Stroll on Snowshoes)[Time] 2 hours [Distance] 3.6km

Hike around Koke no Kairou, a Corridor of Moss formed by the eruptions of the many volcanoes surrounding Lake Shikotsu over the years. Enjoy changing seasonal landscapes.

Lunch	Vegan	lunch	at	Chimaki
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Bifue Snowshoe Stroll [Time] 2 hours [Distance] 1.5km

Stroll around the Bifue woods on snowshoes in the afternoon. Catch stunning views of Mount Fuppushi and a hot spring resort town, and enjoy a full 360-degree vista of Lake Shikotsu.

Dinner Local Sockeye Salmon at hotel

Activity: Stroll on Snowshoes

Difficulty: 2





#### **Day 4** – Lake Shikotsuko Visitor Center, Canoe on the Chitose River

Breakfast Japanese Set Meal featuring local produce

#### the Lake Shikotsuko Visitor Center [Time] 1 hour

At the Lake Shikotsuko Visitor Center, your nature guide will brief you on local environmental protection efforts, cover the history of Japan's most prominent caldera lake created by the Shikotsu volcano eruptions, and the story of Sapporo Soft Stone formed from the pyroclastic flows from the same volcano.

Lunch THE BIRD WATCHING CAFÉ Lunch at the cafe, featuring an exhibition gallery by Tadashi Shimada, a well-known Japanese photographer who specializes in photos of wild birds. The cafe features a special area where you can easily view and photograph wild birds.

#### Chitose River, Winter Downriver (Canoe Experience) [Time] 2 hours [Distance] 5km

The Chitose River is the only existing river flowing from Lake Shikotsu. Canoe through the river, enjoy unique winter landscapes and meet wild creatures. The vicinity of the Chitose River and its tributaries is dotted with a number of ruins from the prehistoric Jomon Period.



#### Eniwa Canyon Walk [Time] 2 hours [Distance] 2 km

Visit Eniwa's waterfalls: Rarumanai Falls, Sandan Falls and Hakusen Falls, all formed by volcanic eruption. Ancient pyroclastic flows and other volcanic aftereffects can be seen by observing the falls closely.

**Dinner** Japanese kaiseki dishes (tea ceremony cuisine) Prepared with fresh ingredients from Hokkaido

Activity: Canoeing, walking

### Difficulty: 2

#### Day 5 – Sapporo Soft Stone Guided Walk

**Breakfast** Breakfast in your private room, featuring locally harvested ingredients.

Sapporo Soft Stone Guided Walk (AM)	Time 1.2hours	[Distance] 2km

Stroll on snowshoes around the Ishiyama Green Space, a former Sapporo Soft Stone quarry, and learn about the processing of the stone and its history.

Lunch Nisikuru cafe

Sapporo Soft Stone Guided Walk (PM) [Time] 1.2hours [Distance] 3km

Discover various soft stone products and buildings throughout the town, and meet locals at the Ishiyama Town Center. Experience a slice of local life, enjoying making rice balls using local pickled plums, and dressing in authentic kimono actually worn by local people.

#### Soft Stone Crafts

#### [Time] 1.5hours

Carve and design soft stones, and create a miniature stone house.

**Dinner** Dinner at Suginome, featuring Hokkaido cuisine Japanese dishes local style, prepared with fresh seafood and produce, including famous hairy crabs.

ONSEN RYOKAN YUEN SAPPORO

Enjoy access to a large public bath built with Sapporo Soft Stone, filled with hot spring waters sourced from the Karurusu Onsen in Noboribetsu City.

Activity:	
Difficulty	:

Guide walk

1



#### Day 6 – Transfer to New Chitose Airport

Breakfast Japanese breakfast set

Prepared with carefully selected fresh local ingredients and seafood.

#### Sapporo City Archives Museum [Time] 1 hour

Learn about the founding and building of the City of Sapporo prior to the Meiji Period, and enjoy displays of Sapporo Soft and Hard stones, old maps and historical photos of the city.

**Lunch** Rito Kitchen $\sim$  Delicious Foods & Drinks From Japanese Isolated Islands $\sim$  Savor delicious grilled dishes mainly prepared with ingredients from the remote islands of Hokkaido.

#### LITTLE JUICE BAR [Time] 30 minutes

Visit Little Juice Bar in a renovated old Sapporo soft stone warehouse from the Taisho Period (1912-1926).

#### Hokkaido Shrine Tongu 【Time】 30 minutes

Lastly, pray for a safe trip back home at this shrine guarded by a pair of lion-dog statues made from Sapporo Soft Stone.

#### Accommodations :

- Day 1 : Marukoma Onsen Ryokan
- Day 2 : Marukoma Onsen Ryokan
- Day 3 : Marukoma Onsen Ryokan
- Day 4 : Jozankei Daiichi Hotel
- Day 5 : ONSEN RYOKAN YUEN SAPPORO

## What's included

- Activities Fee
- Meals
- Tour Guide
- Cycling Guide Fee
- Mountain Guide Fee
- Kayak Guide Fee
- Private Car

# We provide& What to bring

## We provide

- Water and Energy Snacks
- First Aid Equipment Set
- Clear SUP Set
- Canoeing Equipment

## What to bring

 $\Box$  = Necessary /  $\triangle$  = Recommended □ Warm and comfortable thermal wear (tops and bottoms), such as ski clothes, thermal underwear, and fleece. □Cold Protection Gloves Underwear Hiking Boots □Long pants  $\Box$ Long sleeve shirts (quick dry)  $\Box$ Shorts (quick dry) □ Hat • cap Backpack □ Rain Gear (top and bottom) □ Water Bottle □ Toiletries Portable Toilet □ Sunglasses □ Toiletries Sun Screen Face Mask  $\triangle$ Trekking Pole  $\triangle$ Binoculars  $\triangle$ Camera

## About us

The company is certified by JATA's Tour Quality Japan Quality Assurance System for Tour Operators. Our mission is to provide the highest quality services to our clients. We specialize in Japan inbound tours focusing on Hokkaido.

- ATTA Members
- Special ATTA Website for B2B www.amazing-hokkaidotrip.com

# Guides

Yukichika Miyakawa (Yukkureism Hokkaido)

<Title>

NATUREGUIDE & ECOTOUR COORDINATOR

<Profile>

Most of his 20s, he spends most of time in the overseas as the United States, Mongolia, Costa Rica for learning ecotourism. After he moved to Hokkaido, he became a nature guide. Also he is an Eco-tour guide as an independent. He across the Hokkaido land, as the land operator and other activities. Especially, Trekking with birdwatching, canoe, hosebackriding and snowshowing.Natural science magazine, and his own experience, ecotourism information in writing.

<Comments>

Hokkaido is the most beautiful place in japan. Great landscapes and crisp air in Hokkaido give you unforgettable memories. I can bring you to very hidden spots for real experience!

(Qualifications)
Hokkaido Outdoor Activity Instructor
First Aid Skills:
Completed general first aid class and certified as Project WILD Educator.
Updated CPR & AED skills at classes organized by the Fire Department.
Trained to treat Heat Attack, Hypothermia, Bee Attack & Allergy (Anaphylactic Shock).
Learned outdoor first aid and transport methods during overseas internship
Trained at the Seasonal Guide Network System.

#### 【Yuki Nagaya (tentative) 】

\*For parties of 6 or more, an additional support guide will be assigned from the following:

- Certified Wilderness First Aid (80 hours Outdoor First Aid Training in English)
- Certified by Japan Mountain Guide Association for Mountain Climbing Guide Stage II
- · CAA ATS Level 2, JAN Level 1
- Completed Canada Yamnuska Mountaineering Seminar
- Avalanche Work Force Level 1
- Fat Bike and Clear SUP Guide

Koichi Aizawa

EDUC Activity Nature Guide (Former Japan Self-Defense Force Officer) Advanced Scuba Diver (NAUI) Holds a driving license for large-sized motor vehicles Certified to maneuver unmanned aerial vehicles (JAFA) Completed advanced first aid training

Yuko Kuroiwa

Level 2 Instructor certified by the Japan Stand Up Paddle Instructor's Association Grade B Examiner, the Japan Stand Up Paddle Instructor's Association HWSA Water Accident Rescuer Completed advanced first aid training Instructor, the Water Accidents Institution: General Incorporated Association. (Floating, Clothed Swimming)

First aid provider for the Japan Physical Education Facility Association

#### Canoe Guide

Naoki Matsuzawa

- Japan Safe Canoeing Association (JSCA) accredited instructor.
- Certified Hokkaido Outdoor Guide (Canoe)
- MEDIC First Aid BasicPlus
- Instructor for JSCA, COR and AED
- Member of the Chitose Ainu Culture and Tradition Preservation Institute
- Executive Committee, the Hokkaido Outdoor Forum
- : Deputy Representative, Outdoor Youth Wave Hokkaido
- Vice Production Director, Chitose Lake Shikotsu Ice Festival
- Firemen, The Chitose Lake Shikotsu Fire Department
- Water Accident Rescuer, Chitose City
- Welfare Committee, Chitose City Social Welfare Council
- Committee, Lake Shikotsu Village Police Station Communication Council

#### Narumi Junya

- · Japan Safe Canoeing Association (JSCA) accredited instructor.
- N E A L- Nature Experience Activity Leader
- Project WET Educator
- Glowing Up Wild Educator
- MEDIC First Aid BasicPlus

#### $\bigcirc$ Nansekiya

#### Megumi Obara

Representative of Nansekiya, a soft stone gallery and shop. In 2012, after working as a bus guide and in various marketing businesses, Megumi joined Tsujiishi Stone Manufacturing Inc, Japan's only mining and processing company for Sapporo Soft Stone (founded 129 years ago). Megumi established Nansekiya, a gift shop specializing in soft stone products, with a vision to deliver the charm of the stone to as many people as possible. At present, not only engaged in the stone business, she advocates the importance of regional assets and communities through numerous lectures. Her activities have been featured frequently in Japanese media.

## Information and Requirements

## **Dietary Restrictions**

We provide special meals for participants with allergies upon advance request.

### **Emergency Response Plan**

• Completed First Aid Training (Basic First Aid Class such as CPR or AED, injury treatment (treat or transport) for broken bones and sprains, treatments for heatstroke, hypothermia, bee stings and allergies including anaphylactic shock, outdoor emergency response training for simulated scenes, such as communication, treatment and transportation)

• Practice sessions at the beginning of each guiding season (summer and winter).

<Operation Flow> Tour Guide ↓
Tour Leader, Embassies and Consulates in Japan, Insurance Companies, Hospitals, etc. ↓
Accident Management Headquarters, Risk Management Office ↓
CEO, Company President

# **Reservation & Cancellation Policy**

### **Payment Methods**

We will send a booking confirmation by email with an invoice requesting 10% deposit per person due within 2 weeks of invoice date. The remaining balance is due 2 weeks prior to arrival. If KNT Hokkaido has not received deposit amount by the due date, the booking will be cancelled.

### Cancellation

Cancellation Policy / 10% : 1 month Before Departure 20%: 21 Days Before Departure 30% : 15 Days Before Departure 50% : 1 Week Before Departure 80% : Less Than 1 Week

## Disclaimer

## Disclaimer

We are not liable or responsible for any damages or injuries caused by the following actions and/or reasons:

- Willful or gross negligence caused by insurance policy holders, other insured persons and insurance beneficiaries
- · Fights, suicides and criminal behavior
- Traffic accidents whether or not drivers are insured, the driving of motorcycles without licenses, driving under the influence of alcohol and/or drugs, whether prescription or illegal
- · Brain and other diseases, insanity
- · Pregnancy, childbirth, premature birth, abortion
- · Surgical operations (except for accidents caused by us)
- · Accidents and riots related to wars and revolutions
- · Earthquakes, volcanic eruptions, tsunamis, and other Acts of God
- Nuclear contamination caused by nuclear accidents
- Mountain climbing using tools such as ice axes; rock climbing; luge; bobsled; skeleton sports; flying planes; sky diving; hang gliding; riding super-light powered machines such as motor hang gliders, micro light aircraft, and ultra light aircraft.
- Racing, competing, performing and test driving of automobiles, motorcycles, motorboats, etc.
- · Whiplash or back pain without independent medical proof.
- Willful or gross negligence caused by you.
- · Liability for damages directly caused by your performance of duties (damages occurring during your work)
- Liability for damages to your consigned goods caused by you (damage to hotel facilities and rooms is however covered)

• Liability for damages caused by your ownership, usage or management of the following items: vehicles including golf carts and rental cars, motorized bicycles, aircraft, ships including motorboats, and firearms including air guns.

• Liability for damages to your family members living at the same address as you, and family members traveling together.

· Liability for damages caused by your loss of mental facilities.

### **Tour Operator / Contact**

KNT (Kinki Nippon Tourist Co., Ltd) h-inbound@or.knt-h.co.jp NX Sapporo Bldg., 6F, 2-1, West2, North3, Chuo-ku, Sapporo, Hokkaido 060-0003, Japan