

# See the Northernmost Lands of Japan! ~Hike Mount Rishiri and Learn The History & Culture of Hokkaido's Pioneers!

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Located on Japan's northernmost remote island, Mount Rishiri is listed in "One Hundred Mountains of Japan." Hike the mountain to see the island's rich nature, including unique alpine plants only seen at 3000-meter elevations elsewhere in Japan and wild animal life. Encounter local fishermen catching seafood in the rich waters of the Sea of Japan, and learn about local history, culture and climate.

The tour features dramatic stories of how pioneers opened Japan's northernmost unexplored wild lands, and traces Rishiri's history through local fishermen and people.

This northernmost region of Japan (the border with Russia is only 43km or 27 miles away) has been inhabited for at least 10,000 years, as evidenced by the remains of prehistoric fishing settlements. Between the 5<sup>th</sup> and 10<sup>th</sup> centuries, people began migrating south from the current Sakhalin of Russia, and the Ainu (Hokkaido's original inhabitants) traded actively with Siberia, gradually forming an original culture of northern people. Learn the history and culture of Japan's northernmost lands, uniquely influenced by Russian culture, through encounters with local people.

### Highlights:

- Hike Mount Rishiri, the northernmost peak listed in “One Hundred Mountains of Japan,” and enjoy rich nature and rare alpine plants.
- Meet local fishermen and enhance your understanding of the fishery environment through actual fishing experiences at Rishiri Island and Obira Town.
- Known as “Miracle Spring,” Toyotomi Onsen attracts visitors from all over the world for spa treatments.
- Learn the history of pioneers who opened the harsh northern wilderness and observe the daily life of locals.

**Location:** Hokkaido – Rishiri and Northern Hokkaido area

**Main Activity:** Hiking and Fishing

**Difficulty:** 2

**Availability:** Recommended from middle of June until end of September

**Tour Duration:** 4 Nights 5 Days

**Pax:** Minimum 5                      Maximum 10

**Price per person:** JPY 399,000 (5 people)  
JPY 349,000 (10 people)

[Route map](#)

[Day-by-day Itinerary](#)

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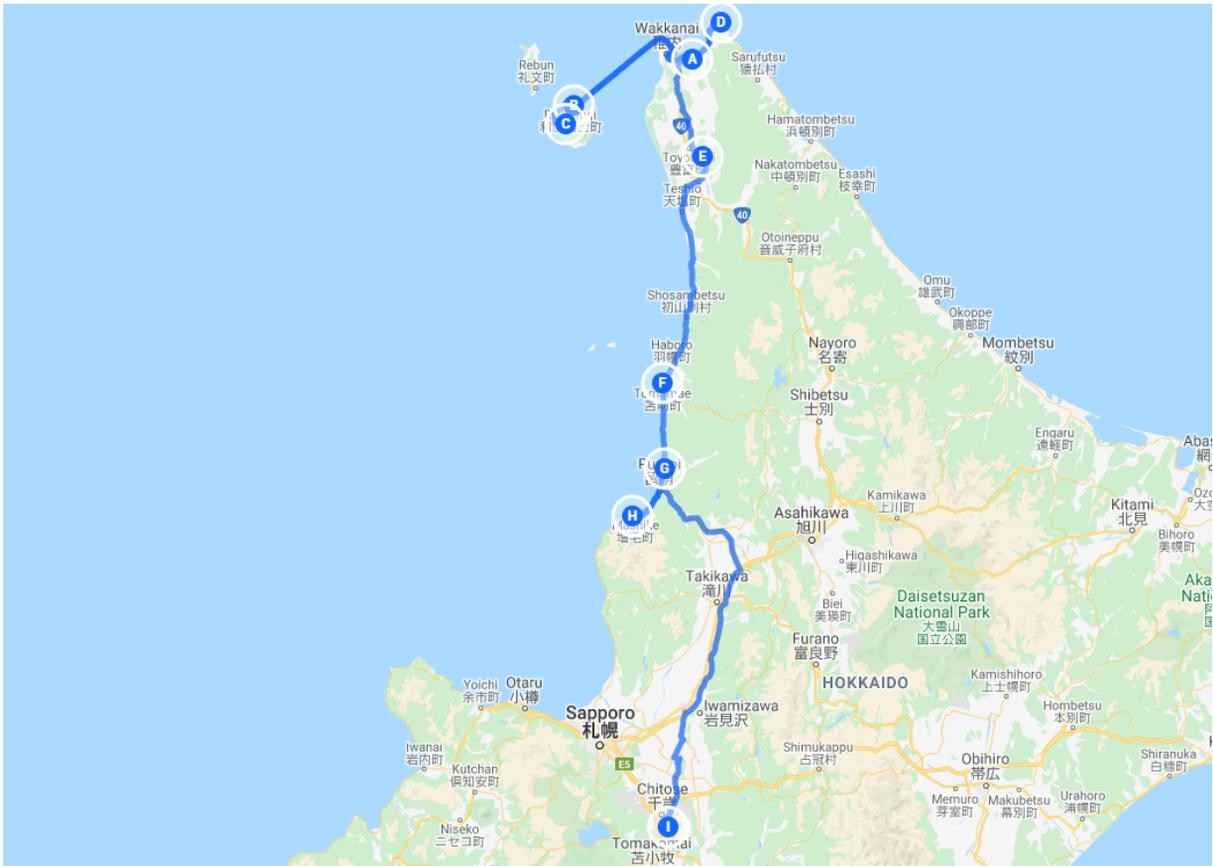
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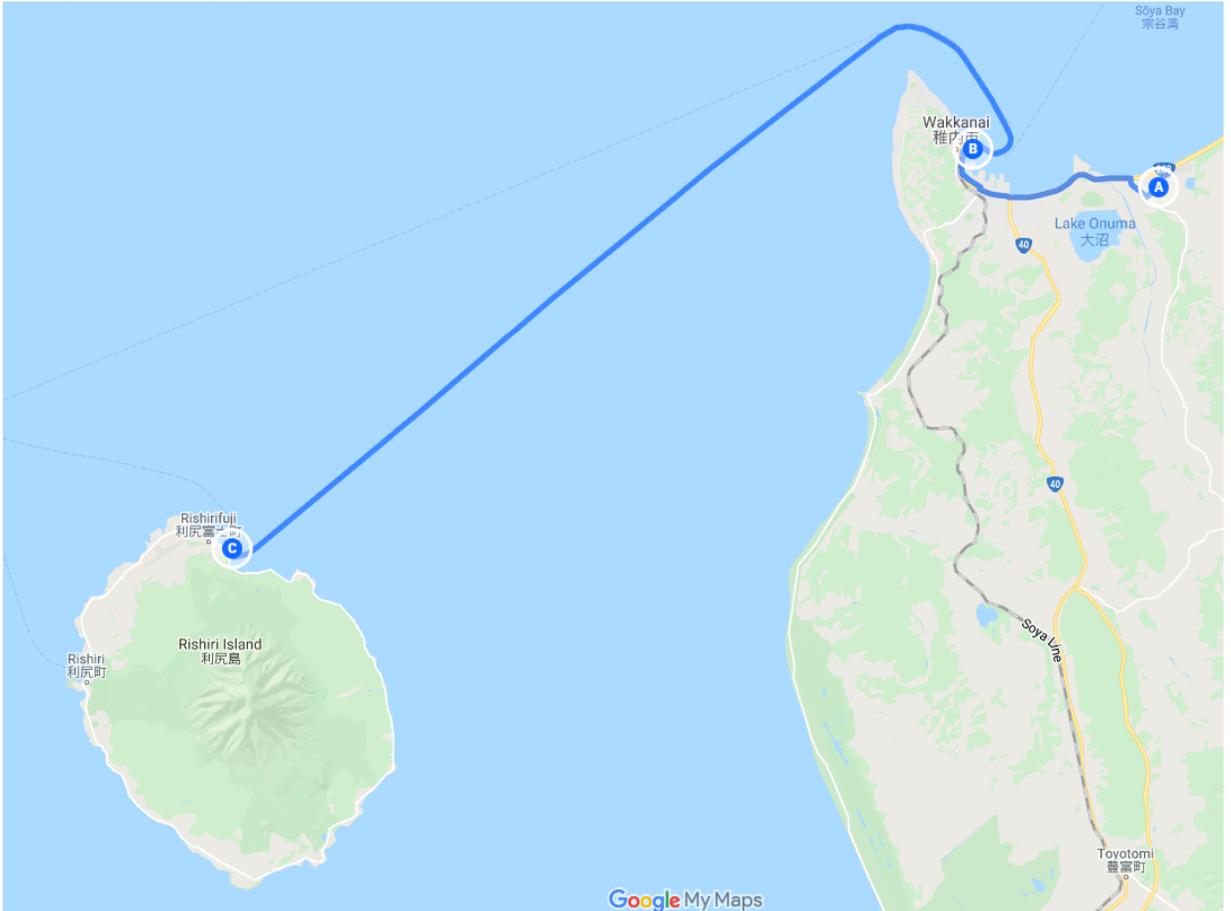
# Route map <ALL>



- A** Wakkanai Airport
- B** Rishiri Marine Hotel
- C** Mount Rishiri
- D** Cape Soya
- E** Hot Spring, Toyotomi
- F** Tomamae, Hokkaido
- G** Obira, Hokkaido
- H** Auberge Mashike
- I** New Chitose Airport

# Route map <DAY 1>

< DAY 1 >



- A** Wakkanai Airport
- B** Wakkanai Ferry Terminal
- C** Rishiri Marine Hotel

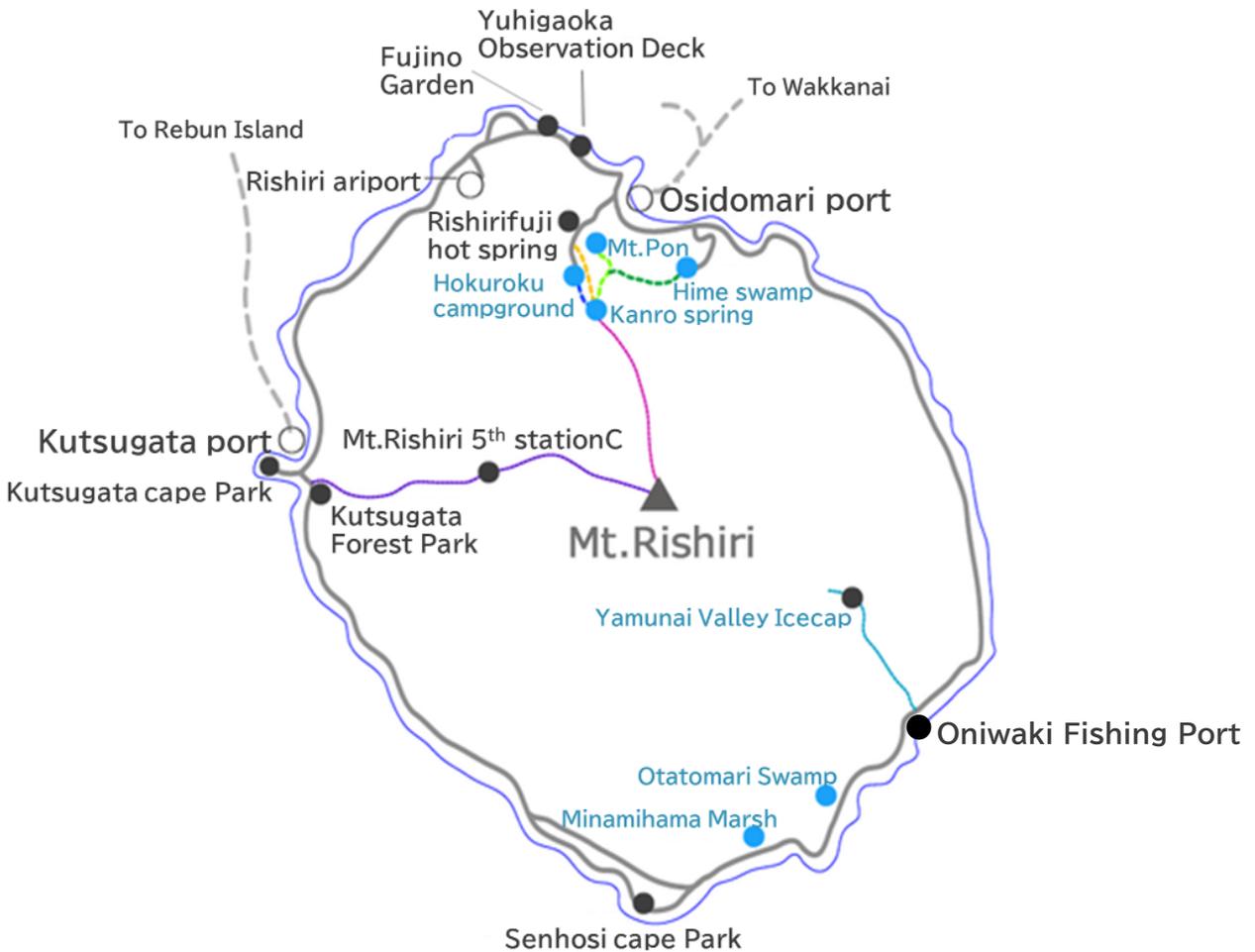
## Route map <DAY 2>

< DAY 2 >



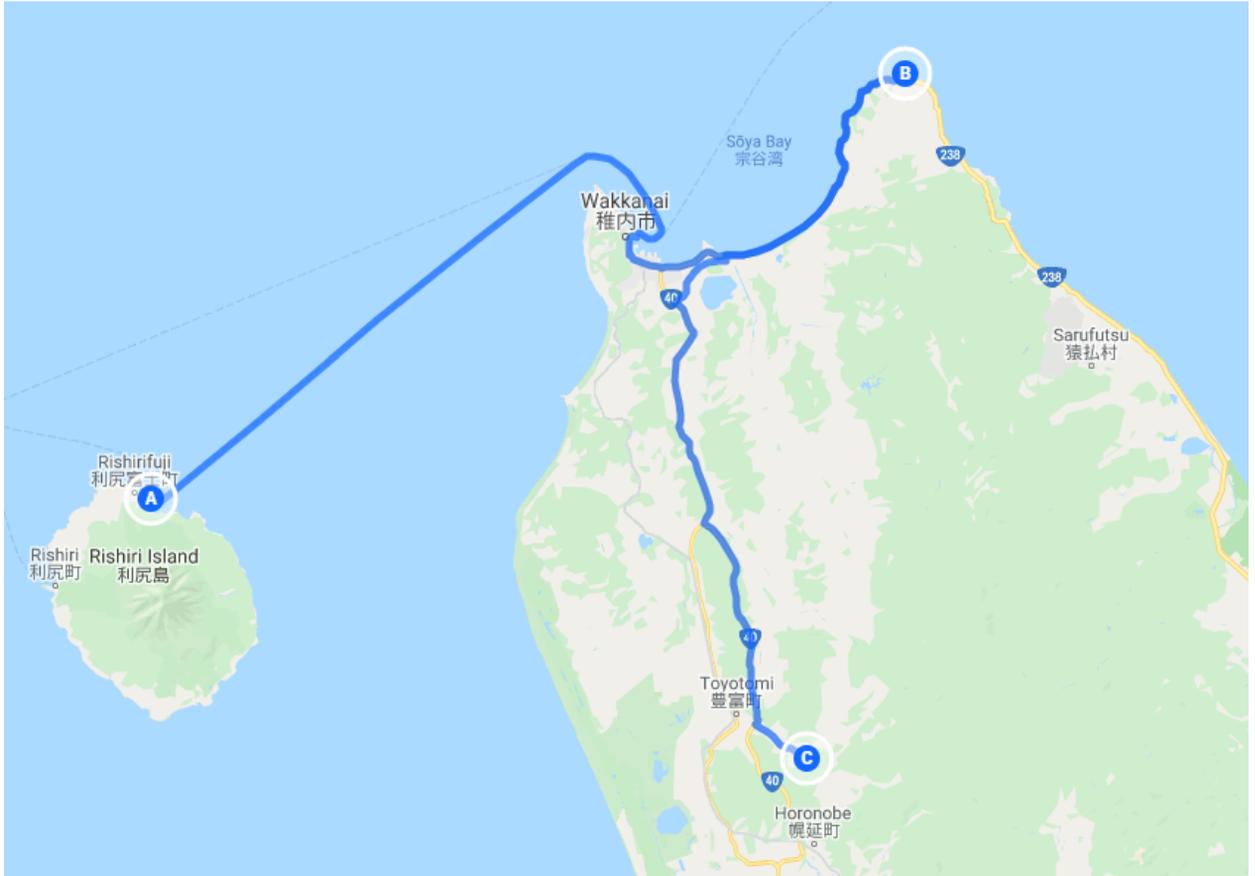
- A** Rishiri Marine Hotel
- B** Mount Rishiri
- C** Rishiri Oniwaki Fishery

# Route map <Rishiri Island>



## Route map <DAY 3>

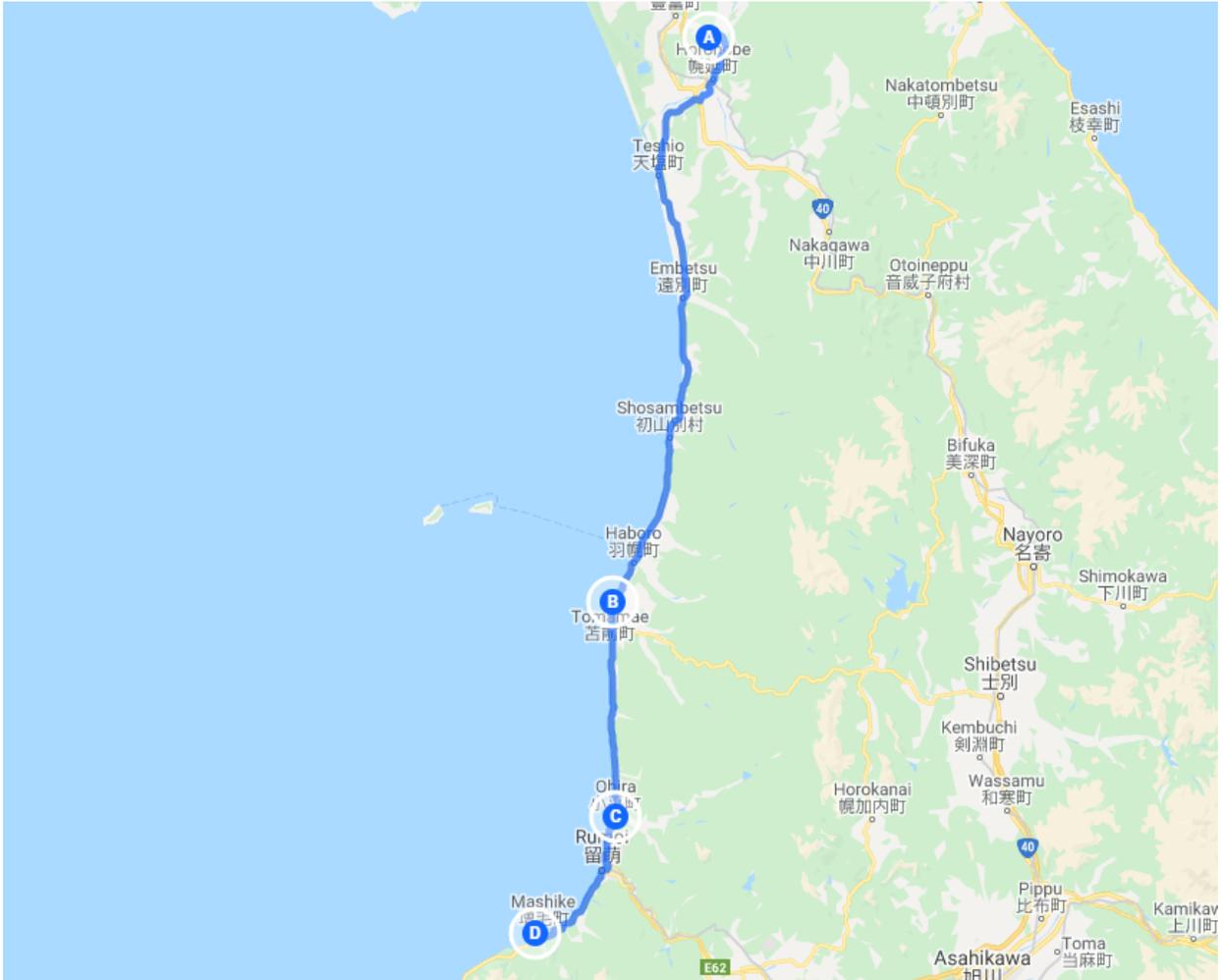
< DAY 3 >



- A** Rishiri Marine Hotel
- B** Cape Sōya
- C** Hot Spring, Toyotomi

## Route map <DAY 4>

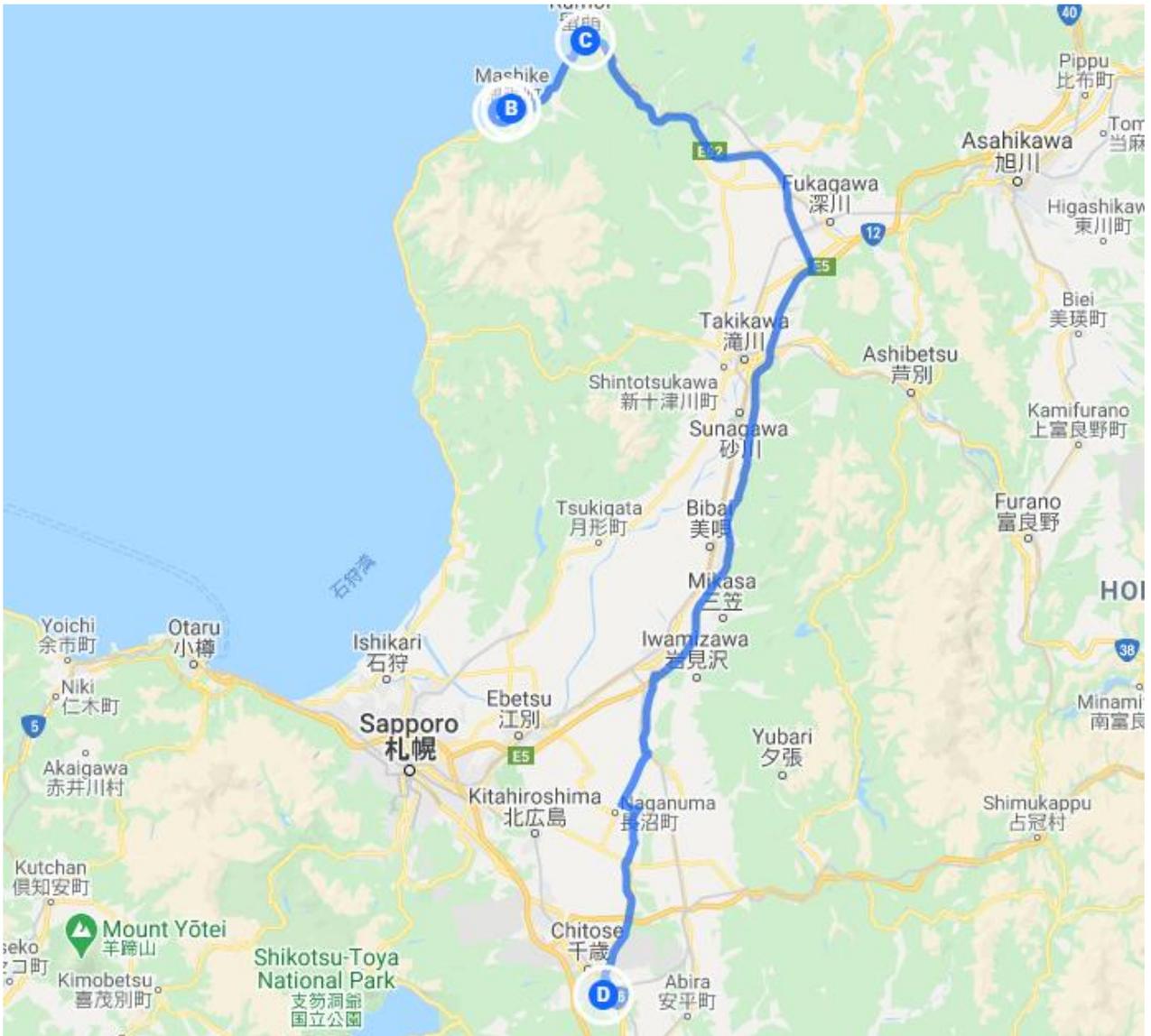
< DAY 4 >



- A** Hot Spring, Toyotomi
- B** Tomamae Museum
- C** Obira, Hokkaido
- D** Auberge Mashike

## Route map <DAY 5>

< DAY 5 >



- A** Auberge Mashike
- B** Kunimare Sake Brewery
- C** Rumoi Tomimaru
- D** New Chitose Airport

# Day-by-day Itinerary

## Day 1 - Wakkanai Airport to Rishiri Island

Meet at Wakkanai Airport, transfer to Wakkanai Port, then ferry ride (Heart Land Ferry) to Rishiri Island.

Upon arrival, briefing on activities and nature and lifestyle of the island.

Stay at Rishiri Marine Hotel, right on the harbor. Savor a luxurious dinner full of local surf and turf specialties.

### Dinner

Japanese and western set meal prepared with seafood caught at Rishiri.

## Day 2 – Rishiri Island – Hike Mount Rishiri

Hike Mount Rishiri and its surroundings, and experience northern nature and climate. The day's highlight is visits to mysterious Himenuma and Yamunai swamps.

Listen to the yarns of local fishermen, learn their lifestyle, hear the old stories handed down, and be amused by their various anecdotes. Enjoy a unique experience shelling freshly harvested scallops, and then tasting them.

### Breakfast

Hotel buffet

### ●Mount Rishiri Hiking

【Time】 6 hours (including lunch break)

【Elevation Change】 340m 【Distance】 12km

Hiking Route: Hokuroku Campground of Oshidomari, Himenuma, Oniwaki Area and Yamunai Swamp

- Hokuroku Campground

Start from Hokuroku Campground, a trail-head to Mount Rishiri, and head to the summit of Ponyama (elevation 444m). Stop at Kanro Spring, a well-known spot along the way.

Kanro Sensui fine spring water arises from a well-known source and has been chosen as one of the 100 Select Best Waters of Japan, as certified by the Ministry of the Environment.



- Himenuma

Stroll around Himenuma Pond for about 800m, and savor magnificent mirrored images of Mount Rishiri reflected in its waters.

## Day 2 - Rishiri Island – Hike Mount Rishiri

### Lunch

Restaurant Ajisai Kawaichi, serving Fisherman-Style dishes.

This unique restaurant run by local fisherman serves freshly caught seafood. The popular landlady entertains guests with her witty conversation.

### • Yamunai Swamp

Move up to an elevation of 500m. Stroll the deep swamp where snow can still be seen in summertime.

A rare experience awaits you – whiskey on the rocks, made with unmelted snow.

(Depart your hotel at 8:00 ⇒ Hiking Mount Rishiri 9:00~16:00)

### ● Fishery Experience

【Time】 1hour

Enjoy shelling and tasting local harvested scallops. This activity is arranged by the Hokusho Sasaki Fishery, a member of the Rishiri Island Oniwaki Fishery Association. Fishermen will tell you all about local fishing, and Rishiri's history and climate.

### 【Fishing Activity and Storytelling by local fisherman】

In cooperation with Oniwaki Fishery Association

### Dinner

Local Izakaya (casual dining with a mixed menu), serving grilled seafood from the seas around Rishiri

**Activity:** Hiking

**Difficulty:** 2



## Day 3 – Transfer to Wakkanai & Enjoy Toyotomi Onsen

### Breakfast

Breakfast at hotel

8:55; Depart by Ferry to Wakkanai

### ●Cape Soya around 11:30 【Time】 1 hour

Visit the northernmost site of Japan, including a variety of nationalist monuments.

Learn about the history of local trade with Russia and the great achievements of Rinzo Mamiya, a Japanese explorer who discovered the island of Sakhalin.

On fine sunny days, you can see peeks of Russia, the closest European nation to Asia.

### Lunch

Wakkanai specialty: Tako (Octopus) Shabu Set Meal

The history of Toyotomi Onsen began unexpectedly. During the digging of trial oil wells about 100 years ago, suddenly 43°C hot spring water, together with pressurized natural gas, gushed from the wellhead from sources 960m deep underground. First, a simple hut with a thatched roof was built and local people took baths in the hot springs water. Over the years, several hot springs inns opened and Toyotomi developed into the hot springs spa town that we all enjoy today.

### ●Toyotomi Onsen

Toyotomi Onsen is Japan's northernmost hot spring resort, and is known worldwide for its rare spring waters containing traces of healthful oils. Called "Magic Spring," Toyotomi's waters are highly effective in curing skin diseases, including eczema. The hot springs attract visitors from all over the world for spa treatments.

### Dinner

Toyotomi Venison Steak and Organic Vegetables

## Day 4 – Know the local ~ Local Cultural Experience

### Breakfast

Japanese Set Meal featuring local produce

#### ■ Tomamae (Sankebetsu Brown Bear Incident Site)

【Time】 1 hour

【Local Storyteller (tentative)】

A Curator, Tomamae Local Museum

The Sankebetsu Brown Bear Incident, the worst bear attack in Japanese history, took place here in 1915. The brutality of the incident made settlers flee the area, proving the harshness of Hokkaido's pioneer days. Learn and understand more about nature and wild bears in Hokkaido, as well as the struggles of our early pioneers.

Later studies concluded that the incidents were the result of overlapping dwelling ranges of humans and wild animals caused by pioneering activities such as deforestation and the push inland. Details of pioneers' efforts, nature's fury, and coexistence with nature will be provided by the local curator.

### Lunch

Hama no Kachan Shokudo ( Local Mama's Eatery), serving Haboro Sweet Shrimp Bowl

## ■ Sea Fishing at Obira

【Time】 90 minutes

Fishing together with local fishermen to learn about marine resources and seafood of the Japan Sea.

【Coordinator / Fishermen (tentative)】

Mr. Matsumoto, Executive Director

Obira Farm Stay Business Promotion Council

(Qualifications) Type 3 Travel Agency, Completed Hokkaido Outdoor Lecture

At Usuya Fishing Port, enjoy fishing for sculpins and rice fish, typical autumn fish of the Japan Sea, guided by local fisherman. Experience fun interactions with them by learning to bait hooks or receiving useful fishing tips.

(During stormy or inclement weather, fishing activities are replaced by making IKURA - soy marinated salmon roe – with fisherman's wives at foreshore.)

Mr. Kimio Abe,  
Fishery Division, Usuya Fishing Port

## Dinner

Hotel Restaurant : Western meal featuring local produce

Enjoy dinner at an auberge supervised by Kiyomi Mikuni, Japan's celebrated French chef and a Mashike native. Your meal will be prepared with fresh surf and turf from Rumoi and Mashike, with the theme “local production for local consumption.”

**Activity:** Sea fishing

**Difficulty:** 2

## Day 5 – Transfer to JR Sapporo Station or New Chitose Airport

### Breakfast

Hotel breakfast

### ■Japanese Sake Tasting

【Time】 1hour

At the Kunimare Sake Brewery, taste freshly brewed sake plus specialties only available locally.

Kunimare is Japan's northernmost sake brewery, which provides an excellent opportunity to learn about its 150-year history, as well as the climate and culture of Mashike's once prominent herring fisheries and related industries. In Mashike, visit the Kunimare Sake Brewery, learn its historical background and taste Kunimare, Japan's northernmost local sake. Founded 150 years ago, the brewery's sake is made from high-quality water from nearby Shokanbetsu Mountain. Its crisp flavor and mild taste have been a Hokkaido favorite for well over a century, and 95% of its total production is consumed here. Kunimare means “High Quality Sake Rare in the Country” in Japanese.

### Lunch

Rumoi Tomimaru, serving Kakiage Tempura Bowl, a Local Fisherman's Favorite

Savor delicious Seafood Tempura on rice at a restaurant run by local fishermen.

Transfer to JR Sapporo Station or New Chitose Airport by private car

✂Support by tour guide

## **Accommodations :**

Day 1-2 :Rishiri Marine Hotel

Single hotel room with private bathrooms

Day 3 : Kawashima Ryokan

Single hotel room with private bathrooms

Day 4 : Auberge Mashike

Single hotel room with private bathrooms

## **What's included**

- Activities Fee
- Meals
- Tour Guide
- Mountain Guide Fee
- Entrance Fee
- Private Car

## **We provide**

- Kayaking Equipment
- Water and Energy Snacks
- First Aid Equipment Set
- Alcohol disinfectant, non-contact thermometer

# What to bring

## What to bring

= Necessary /  = Recommended

- Underwear
- Hiking Boots
- Socks
- Long pants
- Long sleeve shirts (quick dry)
- Shorts (quick dry)
- Hat · cap
- Gloves
- Backpack
- Rain Gear (top and bottom)
- Winter Clothes
- Water Bottle
- Toiletries
- Portable Toilet
- Sunglasses
- Toiletries
- Towels
- Sun Screen
- Face Mask
- Trekking Pole
- Binoculars
- Camera

## About us

The company is certified by JATA's Tour Quality Japan Quality Assurance System for Tour Operators. Our mission is to provide the highest quality services to our clients. We specialize in Japan inbound tours focusing on Hokkaido.

- ATTA Members
- Special ATTA Website for B2B [www.amazing-hokkaidotrip.com](http://www.amazing-hokkaidotrip.com)

## **Guides**

### Tour Guide : Akemi Ito (tentative)

15 years of experience as a inbound tour guide for Hokkaido.

(Qualifications)

Completed Regular First Aid Training

Obtained general first aid knowledge and methodologies; handling CPR, AED, and choking and bleeding incidents.

### Mountain Guide : Tamaki Yamazawa (tentative)

• Completed First Aid Training upon obtaining certifications by Japan Mountain Guide Association

(Basic first aid, injury treatment (treat or transport) for broken bones and sprains, treatment of heatstroke, hypothermia, allergies including anaphylactic shock, monthly outdoor emergency response training in simulated scenes, such as communication, treatment and transportation.)

### Guide Support : Migumi Kishimoto (tentative)

• Completed First Aid Training upon obtaining certifications by Japan Mountain Guide Association

(same as above)

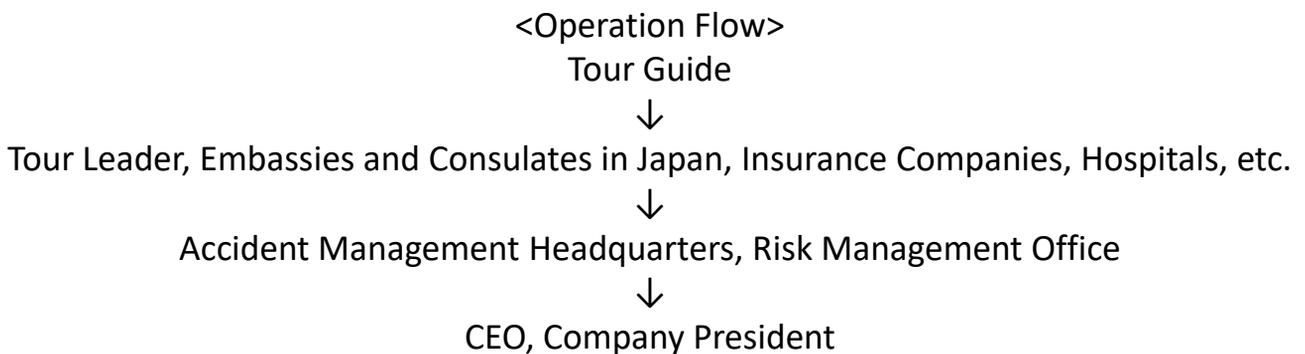
# Information and Requirements

## Dietary Restrictions

We provide special meals for participants with allergies, as well as for vegetarians and vegans, upon advance request.

## Emergency Response Plan

- Certified Wilderness First Aid (80 hours Outdoor First Aid Training in English)
- Completed First Aid Training upon obtaining certification by the Japan Mountain Guide Association  
(Basic First Aid Class such as CPR or AED, injury treatment (treat or transport) for broken bones and sprains, treatments for heatstroke, hypothermia, bee stings and allergies including anaphylactic shock, outdoor emergency response training for simulated scenes, such as communication, treatment and transportation)
- Practice sessions at the beginning of each guiding season (summer and winter).



## Weather Condition

The weather in Rishiri is windy throughout the year. During short summer season, you can enjoy comfortable weather and temperature. Temperatures vary a lot, a typical July day can bring you 20° C during the daytime but at night, it becomes less than 15° C. We recommend you to bring windproof jacket.

# Reservation & Cancellation Policy

## Payment Methods

We will send a booking confirmation by email with an invoice requesting 10% deposit per person due within 2 weeks of invoice date. The remaining balance is due 2 weeks prior to arrival. If KNT Hokkaido has not received deposit amount by the due date, the booking will be cancelled.

## Cancellation

Cancellation Policy / 10% : 1 month Before Departure

20% : 21 Days Before Departure

30% : 15 Days Before Departure

50% : 1 Week Before Departure

80% : Less Than 1 Week

# Disclaimer

## Disclaimer

We are not liable or responsible for any damages or injuries caused by the following actions and/or reasons:

- Willful or gross negligence caused by insurance policy holders, other insured persons and insurance beneficiaries
- Fights, suicides and criminal behavior
- Traffic accidents whether or not drivers are insured, the driving of motorcycles without licenses, driving under the influence of alcohol and/or drugs, whether prescription or illegal
- Brain and other diseases, insanity
- Pregnancy, childbirth, premature birth, abortion
- Surgical operations (except for accidents caused by us)
- Accidents and riots related to wars and revolutions
- Earthquakes, volcanic eruptions, tsunamis, and other Acts of God
- Nuclear contamination caused by nuclear accidents
- Mountain climbing using tools such as ice axes; rock climbing; luge; bobsled; skeleton sports; flying planes; sky diving; hang gliding; riding super-light powered machines such as motor hang gliders, micro light aircraft, and ultra light aircraft.
- Racing, competing, performing and test driving of automobiles, motorcycles, motorboats, etc.
- Whiplash or back pain without independent medical proof.
- Willful or gross negligence caused by you.
- Liability for damages directly caused by your performance of duties (damages occurring during your work)
- Liability for damages to your consigned goods caused by you (damage to hotel facilities and rooms is however covered)
  - Liability for damages caused by your ownership, usage or management of the following items: vehicles including golf carts and rental cars, motorized bicycles, aircraft, ships including motorboats, and firearms including air guns.
  - Liability for damages to your family members living at the same address as you, and family members traveling together.
  - Liability for damages caused by your loss of mental facilities.

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## Tour Operator / Contact

KINKI NIPPON TOURIST HOKKAIDO Co., Ltd.

Nittsu Sapporo Bldg., 6F, 2-1, West2, North3, Chuo-ku, Sapporo, Hokkaido 060-0003,  
Japan

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